

MAN UP SERIES

1 Corinthians 16:13-14

Grow up: Be Mature

Growing up without growing old!

NT METAPHORS

- **Athletic**
- **Agricultural**
- **Architectural**
- **Army**
- **Anatomical**

SPIRITUAL MATURITY

1 Corinthians 3:1-3

Maturity unrecognized

1 John 2:12-14

Maturity commended

Hebrews 5:12-6:1

Maturity expected

SPIRITUAL MATURITY

- **Maturity is not a 4-letter word**
- **Maturity is expected but not automatic**
- **Maturity requires intentionality**
- **Maturity is more a verb and less a noun**
- **Maturity looks different at each stage**
- **Maturity takes time but is not equal to time**
- **Maturity requires experience but not equal experience**

SPIRITUAL MATURITY

Stages

Stage	Traits of (=/-)	Marks of maturity (accumulative)	Spiritual Indicators Relationship to God	Old age prevention
Child (1-12)				
Youth (teens)				
Adult (20+)				
Parent +				

MATURITY

Stage	Traits of (=/-)	Marks of Maturity
Child (1-12)		
Youth (teen)		
Adult (20+)		
Parent +		

SPIRITUAL MATURITY

Stage	Marks of maturity (accumulative)	Spiritual maturity indicators (Relationship to God)
Child	Self-Identity Self-Help skills Responds to authority	Son-ship: <i>Learn to trust</i> <ul style="list-style-type: none"> • Identity in Christ • Feeds himself...Word • Dresses himself...behavior

SPIRITUAL MATURITY

Stage	Marks of maturity (accumulative)	Spiritual maturity indicators (Relationship to God)
Youth	Delayed gratification Personal Responsibility Self-disciplined Emotional Control	Lordship : <i>Learn to follow</i> <ul style="list-style-type: none"> • Trains himself in godliness • Self-controlled, disciplined • Values spiritual reality • Listens to voice of Holy Spirit • Health balance (diet, exercise, rest)

SPIRITUAL MATURITY

Stage	Marks of maturity (accumulative)	Spiritual maturity indicators (Relationship to God)
Adult	Contribution, skill Endurance, Persistence, Focus Stability Dependable Discernment Interdependence	Stewardship: <i>Learn to serve</i> <ul style="list-style-type: none"> • Serves others • Exercises gifting • Leverages resources • Reliable

SPIRITUAL MATURITY

Stage	Marks of maturity (accumulative)	Spiritual maturity indicators (Relationship to God)
Parent	Sacrifice for others Wisdom Mellow Perspective	Leadership: <i>Learn to influence</i> <ul style="list-style-type: none"> • Mentors others • Shares from life and Word • Focus on main thing

SPIRITUAL MATURITY

Maturity	Old age prevention
Child-like	Wonder/Awe Curiosity/Learner Trust/Faith Innocence/avoid evil
Youth-ful	Adventure/new things Humor/smile, laugh Optimism/hope Flexibility/break out

DISCUSSION QUESTIONS

- **What stood out to you from this session?**
- **What benefits come from thinking of maturity in stages?**
- **What keeps men from maturing spiritually?**
- **What could be your next step in maturity?**